

Lung Cancer Screening Program

GOAL:

Lung cancer screening aims to reduce the number of people who die from lung cancer by detecting the disease early in its course when it is easier to treat, with minimal harm to those who are screened.

BENEFITS:

Screening for lung cancer with a low-dose chest CT has been shown to lower the risk of dying from lung cancer in active or former smokers age **55 to 77 years old**, who have smoked at least **30 pack years** (for example, 1 pack per day for 30 years or 2 packs per day for 15 years).

ELIGIBILITY:

To qualify for lung cancer screening, a person must:

- **Be 55 to 77 years old**
- **Be a smoker, or a person who quit smoking less than 15 years ago**
- **Have a smoking history of at least 30 pack years**
- **Have no new symptoms that could be related to lung cancer**
- **Be healthy enough to tolerate treatment intended to cure early-stage lung cancer**
- **Have not had a chest CT in the last 12 months**

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WHAT TO CONSIDER:

- The low-dose chest CT can find small spots on the lungs called nodules in at least 25 percent of all people who get the scan.
- Typically three or four out of 100 lung nodules found are cancer.
- The low-dose chest CT uses a very small dose of radiation (equivalent to about 280 hours of air travel time) to take pictures of your lungs.

WHY CHOOSE CLEVELAND CLINIC?

- Participants selected according to current national health guidelines
- In-person counseling on the benefits and harms of lung cancer screening to help you make an informed choice
- Standardized low-dose chest CT
- Chest CT interpretation by radiologists with expertise in chest imaging
- Standardized lung nodule evaluation
- Integrated tobacco treatment program
- Cutting-edge research to improve tomorrow's outcomes

QUESTIONS?

For questions, and to see if you qualify for our Lung Cancer Screening Program, please talk to your doctor, call the Lung Cancer Screening Program at **216.445.3800** or visit our website at clevelandclinic.org/lungcancerscreening.